



# Swimming and Fitness Altona

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## PRICE LIST 2010

SWIM CARDS                      10 SWIM CARD                      \$ 90.00

**Only available to am swimmers who are swimming twice a week.**

<u>TERM PAYMENT</u>			<u>1 SWIM</u>	<u>2 SWIMS</u>
TERM 1	26 JAN – 26 MAR 10	9 WEEK TERM	\$108.00	\$216.00
TERM 2	12 APR - 25 JUN 10	11 WEEK TERM	\$132.00	\$264.00
TERM 3	12 JUL - 17 SEPT 10	10 WEEK TERM	\$120.00	\$240.00
TERM 4	04 OCT – 17 DEC 10	11 WEEK TERM	\$132.00	\$264.00

<u>TERM PAYMENT</u>	<u>3 OR MORE SWIMS A WEEK</u>				
	3	4	5	6	7 or more
TERM 1 - 9 weeks	243.00	270.00	315.00	324.00	315.00
TERM 2 - 11 weeks	297.00	330.00	385.00	396.00	385.00
TERM 3 – 10 weeks	270.00	300.00	350.00	360.00	350.00
TERM 4 – 11 weeks	297.00	330.00	385.00	396.00	385.00

**These prices do not include swimming during the school holidays.**

**If you would like to swim during the school holidays please let me know and I will work out a price for you**

**BAYFIT ENTRY FEES TO THE POOL ARE NOT INCLUDED IN THESE PRICES  
PARENTS PLEASE READ TERMS AND CONDITIONS ON NEXT PAGE**

**MONTHLY PAYMENT    \$140.00                      per month**

Monthly payment schedules are available for swimmers and their families that swim 8 or more sessions a week on a regular basis. An invoice will be sent out monthly to your address. This payment is for families who complete bulk swims weekly. Any more than eight swims will not be charged.

## **TERMS AND CONDITIONS**

**All 10 Swim Cards have to be used within two months of the purchase date unless prior notice of a vacation, injury or illness is given.**

**10 Swim Cards are only available to AM swimmers who are swimming twice a week.**

**For Term Payment Swimmers who miss a session you will always be given the opportunity of a make-up session. However unless 24 hours notice is given of illness or injury or holiday you may forfeit that session. Make-ups can be extended to the school holidays when we continue training. They must be booked in. If there is no notice there is no make-up session.**

**Once a child is booked into a class it then becomes a permanent position. If a child misses more than 3 sessions without prior notice then they will be replaced in that squad and will have to seek a different time if available.**

**If these terms are not acceptable then there are other swimmers that can be placed in the session times. It is reasonable to ask for a phone call if swimmers cannot attend training sessions as it may be possible for me to get a replacement swimmer for that particular training time. All people involved in the program must realize that this is a business and will be run accordingly.**

**Fees are due and payable on time no exceptions. Don't risk your child being sent home through carelessness.**

# TRAINING TIMES – SWIMMING SQUAD - ALTONA

## A.M. TIMES

Monday	6.00 to 7.00 (State Level or above Triathletes and Adults open water)
Tuesday, Thursday & Friday	5.30 to 7.00
Wednesday	6.00 to 7.00 (Technique)*
Saturday	6.00 to 9.00 (State & Club Level) 7.00 to 8.00 (Development Squad) 8.00 to 9.00 (Development Squad)

## P.M. TIMES

Monday	5.30 to 7.00 7.00 to 8.30
Tuesday	5.30 to 7.00 7.00 to 8.30
Wednesday	5.30 to 7.00 (Development Squad)
Thursday	6.00 to 7.30
Friday	4.30 to 6.00 6.00 to 7.00 (Development Squad)

\* Sat mornings : 3 hours counts as a double session. Suitable for State Level Swimmers and Development Squad, which will also run from 8 – 9 am.

## Development Squads

Perfect pathway for children progressing from lessons. Concentrating on learning starts, turns and sound stroke technique.

Triathlete specific swimming can train on:

Monday	6.00 - 7.00 AM
Tuesday	5.30 – 7.00 AM and PM
Thursday	5.30 – 7.00 AM
Saturday	6.00 – 7.00 AM



## **PERSONAL TRAINING FEES**

\$40.00 per hourly session

10 Sessions for	\$ 375.00
20 Sessions for	\$ 700.00
40 Sessions for	\$1,300.00
100 Sessions for	\$2,750.00

The purchase of 40 or 100 sessions can be paid in full or 50% of price to be paid initially with a monthly invoice to follow.

**24 hours notice is required if you cannot attend a training session or full payment will be required.**